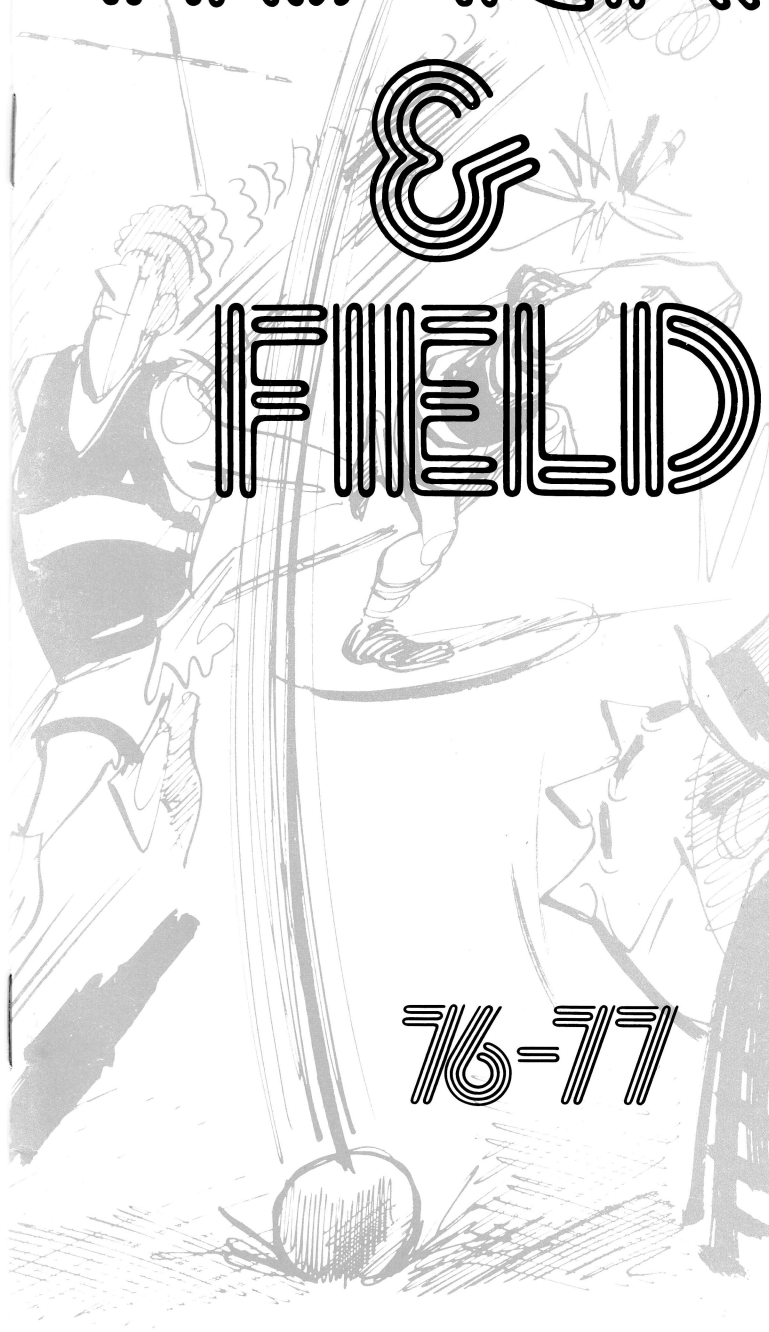


St. John's University

TRACK & FIELD

76-77



ST. JOHN'S INFORMATION:

LOCATION: Jamaica, New York 11439

ENROLLMENT: 14,000

COLORS: Red and White

NICKNAME: Redmen

PRESIDENT: Very Rev. Joseph T. Cahill, C.M.

MODERATOR OF ATHLETICS: Rev. Edward J. Kiernan, C.M.

ATHLETIC DIRECTOR: John W. Kaiser, '49

ATHLETIC DIRECTOR EMERITUS: Walter T. McLaughlin '28

FOR FURTHER INFORMATION, CONTACT

BILL ESPOSITO

Sports Information Director

St. John's University

Jamaica, New York 11439

(212) 969-8000, Extension 365

Home Phone: (516) 261-6792

TRACK COACH: Steve Bartold '57

Home phone: (516) 352-5359

ASSISTANT COACH: Walter Krolman '73

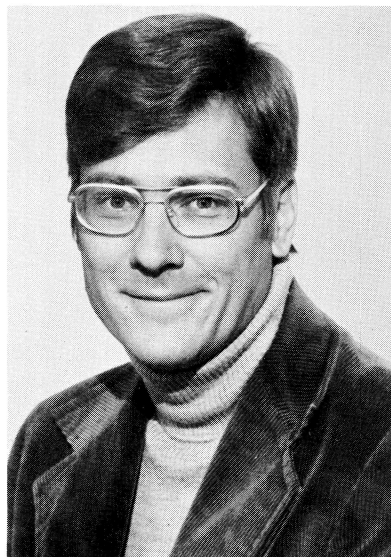
Home phone: (516) 731-5913

ASSISTANT FIELD COACH: Ken Bantum

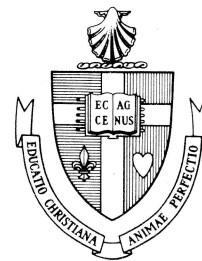
TRACK INFORMATION COORDINATOR: Matt Cola

Home phone: (212) 848-2850

TRACK OFFICE PHONE: (212) 969-8000, Ext. 222



TRACK COACH
STEVE BARTOLD



THE YEAR AHEAD

Diversity has always been the trademark of St. John's University Track and Field Teams. This year will be no exception as the squad will be well balanced in terms of age with all classes being strong and in terms of the events themselves with the field team and the runners vying for prominence.

Going from the short to the long the Intermediate and High Hurdles are very potent. Returning is the entire crew of Mike Murphy, George Buccigrossi, Mike Nieminski and Chris Salmon which recorded as 29.0 in the indoor shuttle hurdle relays for the 10th fastest time ever in that event. They are supplemented by three newcomers in Tim Hanlon from St. Agnes who holds just about every CHSAA hurdle mark, Bob Albers from up-state Cornwall and another completely unrelated Mike Murphy (this one from Xaverian). Hanlon, Nieminski and the sophomore Mike Murphy also excel in the Intermediates.

The mile relay boasts no superstars but at least two handfuls of athletes are vying for a spot on the team. Among the veterans Doug Johnson and Jose Cortes appear strong. The freshman boast Vinny Coiro, Jr., John McNamara, Sydney McIntosh and Steve Christesen. Between the two groups a contender in any race is quite likely.

Always the pride and joy of the squad are the middle distance runners, if only for the fact that the mile is a prestige event. We have an immense depth here also with the entire school record holding metric 4 mile relay back, plus captain Jim Soehner, an All-IC4A miler two years ago, back from an injury makes mid 16:00's a realistic possibility. Key men here on both the 4 mile and 2 mile relay are Soehner, Alex Long — 1:52 and 4:07; Dennis Beovich — 1:52 and 4:11; and Charles Bindert — 1:53 and 4:10. John Giedris — 1:54 - 4:17; Tom O'Malley — 1:54 and Don Kisch — 4:13 supplement the group.

Among the harriers it appears that Tom Cappelluzzo will return for an outstanding steeplechase season, and will be supported by Steve Keating, both under 9:15 for the steeple. Dave Callaghan, a scorer in the Junior Nationals 10,000 meter run last year is expected to do well in all events from the duce on upwards. Able support is expected in this realm from freshmen Bruce Jones and Rich Harder who both bring in credentials in the 4:15 - 9:15 range.

The field squad is lead by a multitude of pole vaulters, all over 14' 6". Two seniors — indoor record holder Tom Testa and Marty Wilson — are supplemented by sophomores Bob Mauchan, Joe Schneider and Charles McDermott. Schneider's forte, of course, is the decathlon where he was an IC4A scorer as a freshman and, even more importantly, won the Junior Nationals and earned a spot on the International squad where he gained valuable experience in Russia and Germany. The weight events will be handled by captain Bill Bakewicz and Marty Voda and the horizontal jumps are in the able hands of 47' ers John Serkes and Dan Harris. Freshman John Gleason is a proven 6'7" high jumper and looks like a scorer in most meets.

INDOOR TRACK RECORDS

EVENT	NAME	MEET	YEAR	RECORD
45 High Hurdles	John Palicka '71	Boston AA Games	1971	:05.7
50 Yard Dash	(Leslie Agard '65 (George Casale '69	Canadian AAU	1967	:05.4
50 High Hurdles	(Tom Garrity '72 (John Palicka '71 (Steve Kaiser '75	Boston AA Games	1968	
60 Yd Dash	George Casale '69 Robert Ellison '64	Phila. Classic		
60 High Hurdles	John Palicka '71	vs. Northeastern	1971	:06.5
70 Yd. Dash	George Casale '69	vs. Northeastern	1970	:06.5
300 Yd. Dash	Leslie Agard '65	vs. Northeastern	1974	:06.5
440 Yd. Dash	Jonathan Kennedy '77	vs. Navy	1964	:06.2
500 Yd. Dash	Arthur Crichlow '62	N.Y.A.C.	1961	:06.2
600 Yd. Run	Thomas Farrell '66	NCAA	1971	:07.3
880 Yd. Run	Thomas Farrell '66	vs. Princeton-Temple	1971	:07.3
		AAU Development	1968	:07.4
		Canadian AAU	1965	:32.4
		Met College	1975	:49.3
		NYAC Games	1960	:57.6
		Boston AA Games	1966	1:09.5
		NYAC Games	1965	1:49.8
		(Former World Record Time)		
	Thomas Bauer '65	NCAA	1965	1:51.9
1000 Yd. Run	Thomas Farrell '66	NYKC Games	1966	2:08.7
1 Mile Run	Paul Mascali '74	ICAAAA	1974	4:06.5
1 Mile Walk	Larry Newman '69	Senior Met AAU	1969	7:06.1
2 Mile Run	Thomas Mulligan '67	NYKC Games	1967	8:59.0
3 Mile Run	Richard Layer '71	Junior Met AAU	1971	14:19.0
High Jump	Roger Riches '75	vs. Navy	1973	6'10"
	Daniel Bell '77	Met College	1975	6'10"
Long Jump	Cal Glass '61	NYAC Games	1961	24'3"
Triple Jump	Winston Cooper '62	NYKC Games	1962	49'3"
Pole Vault	John Wolyniec '69	vs. Army-NYU	1968	15'4"
Shot Put	George Allen '69	vs. Northeastern	1969	58'1 1/4"
35 lb. Wt.	John McCree '75	ICAAAA	1975	60'5 1/4"
Sprint Medley (440-220-220-880)	Rennie '75, Kennedy '77 Thomas '75, Skeggs '74	Princeton Relays	1974	3:29.8
1 Mile Relay	Sabo '70, Caldon '70, Maresca '69, Stuart '68	vs. Army-NYU	1968	3:16.4
1 Mile Relay	Ellison '64, Farrell '66 Moran '66, Bauer '65	NYAC Games	1964	3:17.1
2 Mile Relay	Corneille '70, Schroeter '69 Tobin '69, Rowe '70	NCAA	1968	7:30.7
Sprint Medley (440-220-220-300)	Wiltshire '73, Owens '75 Johnson '73, McGuire '75	Junior Met AAU	1973	2:10.9
Distance Medley	Schroeter '69, Rowe '70 Maresca '69, Tobin '69	NCAA	1966	9:48.4
240 Shuttle	Salmon '77			
Hurdle Relay	Nieminski '79, Buccigrossi '77 Murphy '79	Princeton Relays	1976	:29.0

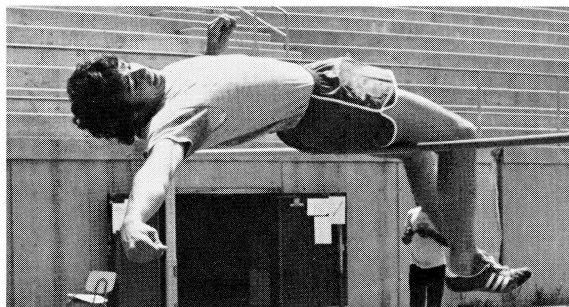
NEW FROSH:

The Class of '80, though limited in size, looks like they will make a big impression on the track scene. By event -- and with high schools shown in parenthesis, they include: Bruce Jones (Sweet Home); Richard Harder (Susan Wagner); Dennis Carmody (Thomas Edison) and Chris Heiser (St. Thomas Aquinas) who have already shown excellent potential in the distance events.

Tim Hanlon (St. Agnes) is a proven intermediate hurler despite his youth and Vinny Coiro (Holy Trinity) will be a factor on the mile relay. John Gleason and Mike Cavataio (both Archbishop Molloy products) will bolster the field events squad in the high jump and decathlon respectively.

OUTDOOR TRACK RECORD

EVENT	NAME	MEET	YEAR	RECORD
100 Yards	John Owens '75	vs. CW Post-Adelphi	1972	0:09.5
220 Yards Turn	Robert Ellison '64	vs. Navy	1964	0:21.3
440 Yards	Thomas Farrell '66	vs. Navy	1965	0:46.9
800 Meters	Thomas Farrell '66	Olympic Games	1964	1:46.6
880 Yards	Thomas Farrell '66	NCAA	1965	1:48.1
1500 Meters	Donald Rowe '70	NCAA	1968	3:50.6
One Mile Run	Donald Rowe '70	vs. Fordham-NYU	1969	4:04.0
Two Mile Run	Donald Rowe '70	Penn Relays	1970	8:48.9
Three Mile Run	Donald Rowe '70	ICAAAA	1970	13:44.6
Six Mile Run	Laurence Furnell '66	NCAA	1965	28:58.8
Marathon Run	Richard Layer '71	Cherrytree Run	1971	2:34:59.0
3000 Meter Steeplechase	Thomas Mulligan '67	Penn Relays	1967	9:02.6
120 High Hurdles	John Palicka '71	vs. Navy	1971	0:14.0
330 Hurdles	Ronald Manoni '72	SJU Fall Development	1972	0:39.9
440 Hurdles	William Sabo '70	Met. College	1970	0:53.1
Shot Put	George Allen '69	vs. Penn State	1969	57'2"
Discus Throw	Charlie Pensa '79	C.W. Post Relays	1976	168'3"
Hammer Throw	John McCree '75	NYC Parks Council Meet	1975	200'8"
Pole Vault	John Wolyniec '69	Met. College	1969	15'6¼"
Long Jump	Cal Glass '61	vs. La Salle	1961	24'7½"
Triple Jump	Winston Cooper '62	NCAA	1961	50'11½"
High Jump	Roger Riches '75	ICAAAA		
	Daniel Bell '77	Met Intercollegiates	1972	6'8"
		vs. Navy		
		Pen Relays	1974	6'8"
		vs. Penn State	1969	224'7"
Javelin Throw	William Bullard '69			
440 Yard Relay	Maresca '69, Casale '69	vs. Navy	1968	0:41.4
	Glianna '69, Caldon '71			
880 Yard Relay	Maresca '69, Casale '69	Penn Relays	1968	1:26.0
	Glianna '69, Caldon '71			
One Mile Relay	Caldon '71, Sabo '70	Penn Relays	1968	3:12.0
	Maresca '69, Stuart '68			
	Kennedy '75, Gordon '76	ICAAAA	1975	3:12.0
Two Mile Relay	Rennie '75, Emanuel '77			
	Corneille '70, Rowe '70	Drake Relays	1968	7:25.9
Four Mile Relay	Tobin '69, Schroeter '69			
	Beovich '77, Bindert '78	Penn Relays	1975	17:03.8
	Kisch '77, Soehner '77			
Sprint Medley	Radov '64, Ellison '64	Penn Relays	1963	3:22.1
	Terry '64, Farrell '66			
Distance Medley	Corneille '70, K. O'Connor '70	Drake Relays	1969	9:43.7
	Tobin '69, Rowe '70			
480 Yd. Shuttle Hurdles	Manoni '72, Garrity '72	Penn Relays	1970	1:00.3
	Sabo '70, Palicka '71			



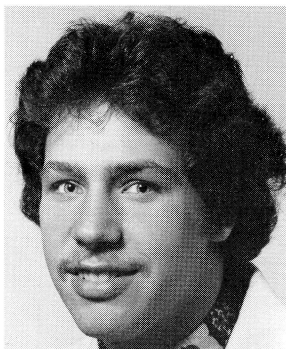
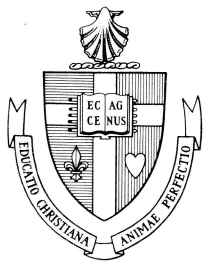
1976-77 TRACK GUIDE

ROSTER

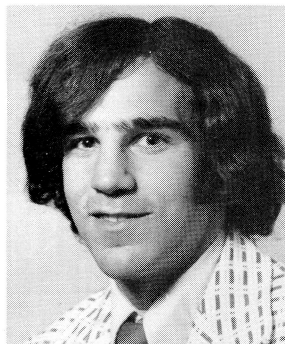
NAME	CL	HT	WT	HIGH SCHOOL	HOME TOWN
Edward Aiosa	So	5'-7"	125	Centereach	Centereach
Robert Albers	Fr	6'-2"	170	Cornwall	Cornwall, N.Y.
William Bakewicz	Jr	6'-2"	230	Xaverian	Brooklyn, N.Y.
William Barry	Sr	6'-2"	165	Monroe-Woodbury	Monroe, N.Y.
Dennis Beovich	Sr	5'-11"	150	Christ the King	New Hyde Park
Charles Bindert	Jr	5'-9"	155	Christ the King	Glendale
George Buccigrossi	Sr	6'-4"	210	Levittown Division	Levittown
David Callaghan	So	5'-8"	130	St. Francis Prep	Brooklyn
Michael Cavataio	Fr	6'-2"	170	Arch. Molloy	Flushing
Thomas Cappelluzzo	Sr	5'-11"	160	Berner	Flushing
Dennis Carmody	Fr	5'-6"	135	Thomas Edison	Whitestone
Steven Christesen	Fr	6'-0"	160	Brentwood Sonderling	Brentwood
Vincent Coiro	Fr	5'-8"	140	Holy Trinity	Massapequa Park
Jose Cortes	So	6'-0"	150	Mater Christi	Elmhurst
John Crimmins	So	6'-0"	140	Chaminade	Williston Park
Glen Davis	So	6'-1"	155	Power	Springfield Gardens
Joseph De Vito	Jr	6'-0"	145	John Adams	Howard Beach
John Fitzpatrick	So	6'-1"	160	St. John the Baptist	Massapequa Park
Albert Gepes	Fr	5'-9"	155	Baldwin	Baldwin
John Giedris	So	6'-3"	175	Brentwood	Bayshore
John Gleason	Fr	6'-1"	150	Arch. Molloy	Jamaica
Timothy Hanlon	Fr	6'-4"	175	St. Agnes	Rockville Centre
Richard Hardner	Fr	6'-2"	145	Susan Wagner	Staten Island
Daniel Harris	So	5'-10"	165	Arlington	LeGrangeville, N.Y.
Donald Healy	So	6'-1"	150	Bay Village	Bay Village, Ohio
Christopher Heiser	Fr	5'-7"	135	St. Thomas Aquinas	Colonia, N.J.
Lancelot Hewitt	So	6'-2"	170	Power	Brooklyn
Douglas Johnson	Sr	6'-3"	165	Arch. Molloy	New York
Bruce Jones	Fr	6'-0"	165	Sweet Home	Amherst, N.Y.
David Keating	Sr	6'-0"	145	Xaverian	Brooklyn
Donald Kisch	Sr	6'-0"	160	Chaminade	Ft. Lauderdale, Fla.
Alexander Long	Jr	6'-2"	175	Hudson Catholic	Jersey City, N.J.
Charles McDermott	So	6'-2"	185	La Salle Academy	Brooklyn
Sydney McIntosh	Fr	5'-10"	165	East New York	Brooklyn
Brian McNamara	So	5'-9"	145	St. Francis Prep	Elmhurst
John McNamara	Fr	5'-6"	135	St. Francis Prep	Elmhurst
Leon Martin	So	6'-0"	160	Chaminade	East Farmingdale
Robert Mauchan	So	6'-0"	150	Mephram	North Bellmore
Jack Morley	Fr	6'-1"	150	Holy Cross	Bayside
Matthew Munson	So	6'-2"	160	Chaminade	Valley Stream
Michael Murphy	So	5'-9"	150	St. John the Baptist	Lindenhurst
Mich��l Murphy	Fr	6'-3"	170	Xaverian	Brooklyn
Michael Nieminski	So	6'-2"	170	Holy Trinity	Hicksville
Thomas O'Malley	Sr	5'-10"	130	St. John the Baptist	Brentwood
Robert Piechnik	Fr	5'-10"	135	Sayville	Sayville
Stephen Reynolds	Fr	5'-10"	140	Essex Catholic	Newark, N.J.
Christopher Salmon	Sr	5'-11"	160	Arch. Molloy	Queens Village
Joseph Schneider	So	6'-1"	185	St. John the Baptist	Bayshore
John Serkes	Jr	6'-3"	170	Holy Trinity	Farmingdale
James Soehner	Sr	5'-10"	140	St. Agnes	Rockville Centre
Robert Sorgini	Fr	5'-9"	145	Mater Christi	Jackson Heights
Thomas Testa	Sr	6'-0"	160	Mephram	North Bellmore
Michael Vasaturo	So	5'-9"	150	St. John the Baptist	Brentwood
Martin Voda	So	6'-2"	230	Arch. Molloy	Flushing
Paul Vitale	Fr	5'-6"	125	Arch. Molloy	Rosedale
Martin Wilson	Sr	5'-11"	160	Paramus Catholic	Fairlawn, N.J.
Paul Wirth	So	5'-10"	140	Essex Catholic	Nutley, N.J.

Managers: Linda Cunningham, Mary McGrath,
Rosemary McGrath

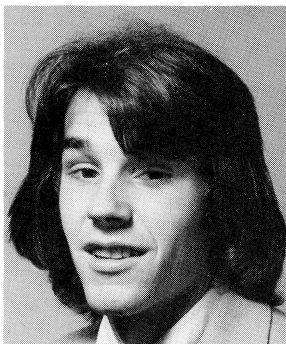
Captains: Bill Bakewicz, Dennis Beovich, Jim Soehner



TRI-CAPT. Bill Bakewicz



TRI- CAPT. Dennis Beovich



TRI-CAPT. Jim Soehner

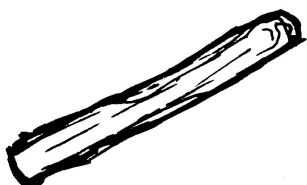
TRACK AND FIELD THUMBNAIL SKETCHES

CAPTAINS:

Bill Bakewicz: Met champion in the 35 lb. weight throw and scorer outdoors in the hammer as a sophomore. 5th best thrower of all-time at St. John's and has shown constant improvement every year.

Dennis Beovich: Hard working senior from Christ the King who is versatile enough to score in all events from the 880 to Cross-Country. A scorer in last year's blazing Met Indoor Champs with a 2:11.9 1,000 yard run. Did yeoman work on the middle distance relays last year including the school record setting 4 mile relay.

Jim Soehner: In his second year as a captain, the affable Rockville Centre resident hopes to retain his position as one of the East's leading milers which he first proved by being ALL-IC4A two years ago. Also a mainstay on the relays, especially the distance medley two mile and four mile. Has a career best of 4:06.0.



Alex Long: A consistent Met scorer in the mile and potentially in the half; he hopes to figure prominently in IC4A competition. Should be one of the key men on a potentially great four mile relay with a 4:07.1 in open competition last year.

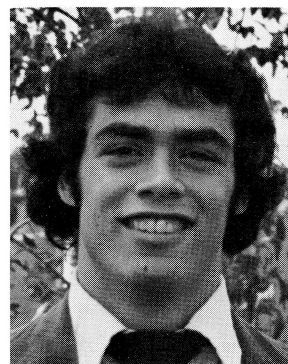
Joe Schneider: Had a super freshman year in all events, with his highlights coming at the Championship part of the season in the decathlon. In an event where age tends to predominate, the yearling placed third in the IC4A to gain ALL EAST honors and then proceeded to the Junior National Championships in Knoxville, Tennessee where he broke the 7,000 point barrier and even more importantly won the event and earned a spot on the International squad where he faced his Russian and West German Junior counterparts. A potential NCAA scorer.

Tom Testa: A consistent pole vaulter who has scored in the Mets innumerable times and is the holder of the indoor school record. This year the cherished record of John Wolyniec is indeed in jeopardy.

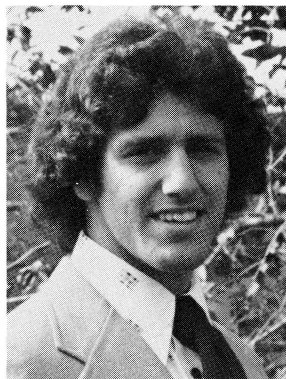
Tom Cappelluzzo: Rugged would be the only way to describe Tom as he grinds out the practice sessions and races. Always pushing, Tom managed to be the top harrier on last year's outstanding squad and ran 9:15 to be in the top three in the Met Steeplechase.



Alexander Long



Joseph Schneider



Thomas Testa



Thomas Cappelluzzo

Dave Callaghan: Coming out of St. Francis Prep as a solid distance man, Dave exceeded all expectations as the year went along. Beginning as the top frosh in the conference in Cross-Country he then improved even further in setting outdoor class records in the 5,000 meters, 6 mile and 10,000 meters. 3rd in the Met 3 mile and, in his first national competition, 5th in the Junior National 10,000 meter run in Knoxville.

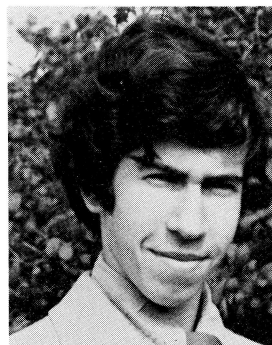
Charles Bindert: A key man on the two mile relay, with the equivalent of a sub 4:10 at the Penn Relays leading off the metric "4 mile relay." As noted, his expertise is in leading off where sometimes time is sacrificed for position, and Charlie always does well in handing off in contention.

Mike Murphy: Alphabetically the first half of the sophomore duo of talented hurdlers, Mike was a scorer in the highs last indoors and in the intermediates outdoors. Started off his collegiate career by qualifying for the Junior Nationals in the 440's and being 5th on the ALL-Time St. John's list.

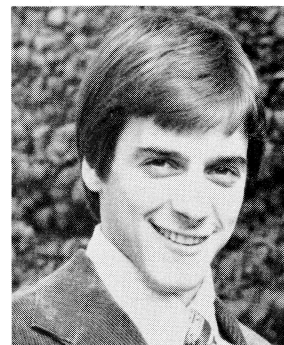
Mike Nieminski: The freshman record holder in the 440 yard intermediates Mike also qualified for the Junior Nationals. Also a fine high hurdler, Mike was a member of the indoor shuttle relay team that ran 29.0 for the 10th fastest time ever recorded.

Dan Harris: Second in the Met Triple jump last year as well as being a member of the scoring 440 yard relay, Dan was in the high 46' range last year and should be consistently a high scorer in the horizontal jumps this campaign.

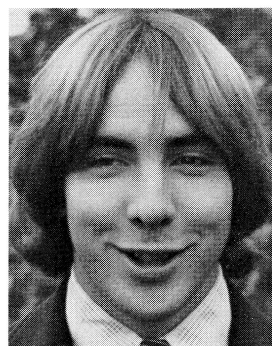
Doug Johnson: A consistent member of the varsity mile relay for the past two years. The slender speedster appears to be rid of a nagging leg injury that has bothered him and should be ready for the quarter mile. Indoors he will be counted upon heavily to score in the 600.



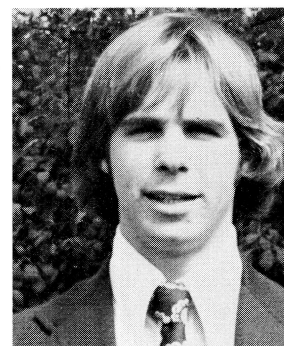
David Callaghan



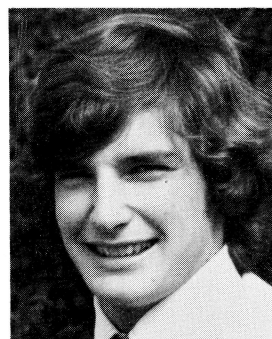
Charles Bindert



Michael Murphy



Michael Nieminski



Daniel Harris

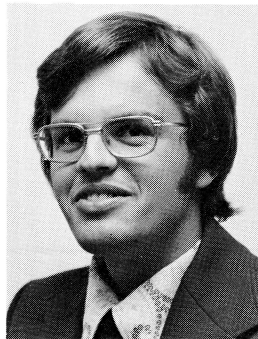


Douglas Johnson

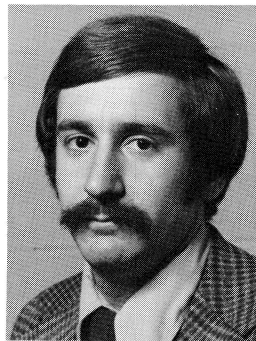




SINGING IN THE RAIN,
A FREQUENT CROSS COUNTRY PASTIME.



ASSISTANT COACH
WALT KROLMAN



ASSISTANT COACH
MATT COLA



1976-1977 Indoor and Outdoor Track and Field Schedule

Date:	Meet:	Site:
Sat. December 4	vs. Princeton, Temple	Princeton, N.J.
Sat. December 11	vs. Brown, Rhode Island	Kingston, Rhode Island
Fri. December 17	Met AAU Development Meet	102nd Engineers Armory
Wed. December 29	Met AAU Development Meet	102nd Engineers Armory
Wed. January 5	Jr. Met AAU Championships	102nd Engineers Armory
Sat. January 8	vs. Navy	Annapolis, Md.
Wed. January 12	Senior Met AAU Championships	102nd Engineers Armory
Sat.-Sun.-Jan. 15-16	USTFF Eastern Championships	Dartmouth, New Hampshire
Sat. January 22	vs. Yale, Southern Connecticut	New Haven Connecticut
Fri. January 28	Millrose Games	Madison Square Garden
Sun. February 6	Princeton Relays	Princeton, N.J.
Sun. February 13	Delaware Invitational	Newark, Delaware
Fri. February 18	Olympic Invitational	Madison Square Garden
Mon. February 21	Met Intercollegiates	Princeton, N.J.
Fri. February 25	National AAU Champs	Madison Square Garden
Fri.-Sat. Feb. 25-26	Illini Track Classic	Champaign, Illinois
or		
Fri.-Sat. Feb. 25-26	Ohio State Relays	Columbus, Ohio
Sat.-Sun. March 5-6	IC4A	Princeton, N.J.
Fri.-Sat. March 11-12	NCAA	Detroit, Michigan
Outdoors:		
Fri.-Sat. Mar. 25-26	Florida Relays	Gainesville, Florida
Sat. April 2	CW Post Relays	Greenvale, NY
Sat. April 9	Monmouth Relays	Monmouth, NJ
Saturday April 16	vs. Brown, Columbia	Providence, RI
Tues. April 19	vs. Suffolk CC	St. John's
Thurs. Sat.-April 21-23	Rutgers Relays	New Brunswick, NJ
Fri.-Sat. April 29-30	Penn Relays	Philadelphia, Pa.
Fri.-Sat. May 6-7	Pitt Invitational	Pittsburgh, Pa.
Sat. May 14	Met Intercollegiates	St. John's
Fri.-Sat. May 20-21	IC4A	Philadelphia, Pa.
Wed.-Sat. June 1-4	NCAA	Champaign, Illinois